

Physiotherapy program

Different rehabilitation approaches to the painful shoulder

Fredag den 19/4-2024 fra kl. 10.30-14.15

Kl.	Fredag d. 19. april 2024	
10.30-12.30		Chairs: Birgitte Hougs Kjær & Hanne Hornshøj
30 min presentation (English)	How and why psychosocial factors influence successful treatment in the patient with shoulder pain?	Anju Jaggi, Consultant Physiotherapist & Clinical Director of Therapies, Royal National Orthopaedic Hospital Stanmore, Middlesex, UK
20 min presentation (Dansk/ English)	How is compliance if we ask rotator cuff-related shoulder pain patients to perform exercises with moderate pain?	Birgitte Hougs Kjær, PhD, forskningsfysioterapeut, Fysio- og Ergoterapiafdelingen & Institut for Idrætsmedicin, Bispebjerg Frederiksberg Hospital
20 min presentation (Dansk/ English)	Interacting barriers and facilitators to adherence and delivery of exercise-based care in the treatment of Subacromial Pain Syndrome (SAPS)	Lise Kronborg Poulsen, PhD, fysioterapeut, lektor, Københavns Professionshøjskole Fysioterapeutuddannelsen Det Sundhedsfaglige Fakultet, KU
30 min presentation (Dansk)	Chronic and complicated pain patients - what do we do at our Multidisciplinary Pain Clinic? Kroniske og komplicerede smertepatienter – hvordan gør vi på vores Tværfaglige Smerteklinik?	Jakob Boye Nielsen, fysioterapeut, Fysioterapiafdelingen, Herlev Gentofte Hospital
20 min (English and Danish)	Plenary discussion	
13.15-14.15		Chairs: Birgitte Hougs Kjær & Bjarke Berendt Haugan
40 min (English)	Chronic and complicated pain patients – how do I handle it?	Anju Jaggi, PT, MSc
20 min. (English)	Plenary discussion	