

# **Dansk Selskab for Skulder- og Albue Kirurgi**

**Annual meeting 2026**

16. - 17. april 2026

**Regionhospitalet Randers**



**DSSAK Annual Meeting 2026  
PROGRAM**

**Remember to visit our sponsors at the exhibition**



Protesekompagniet



**stryker**

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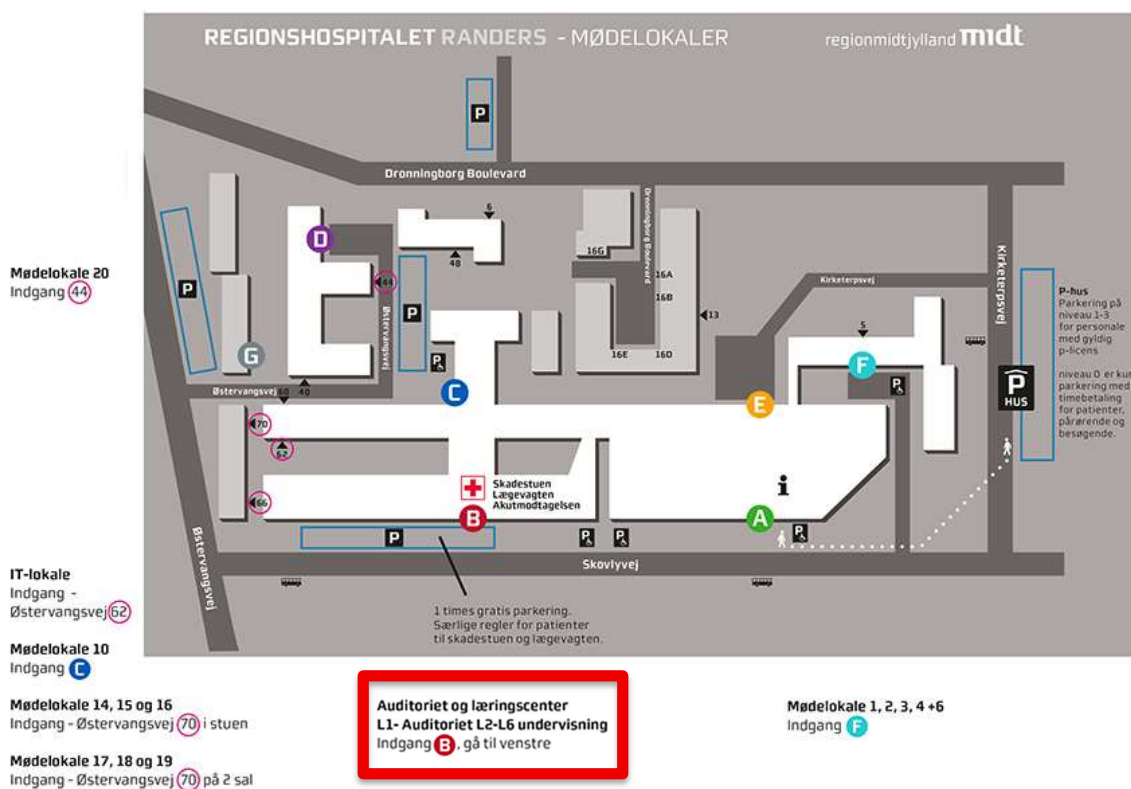


# DSSAK Annual Meeting 2026 PROGRAM

Praktisk:

Mødet afholdes i læringscentret og Auditorierne på Regiohospitalet Randers, Skovlyvej 9, 8930 Randers NØ (se nedenstående kort). Der er muligheder for parkering i nærliggende p-hus -mod behørig betaling.

Torsdag er der sideløbende programmer for både læger og fysioterapeuter i lokaler nær hinanden, og der er således god mulighed for at deltage i de sessioner I finder interessante. Frokost og udstilling er samme sted. Husk at besøge vores sponsorer i pauserne!



## DSSAK Annual Meeting 2026

<b>Thursday, April 16th</b>		
9-45-10.00	<b><i>Registration, coffee and light breakfast</i></b>	
10.00-10.15	Welcome	
	<b>Scapula Related Conditions</b>	<b>Chair</b> <b><i>Birgitte Hougs Kjær</i></b>
10.15-10.30	Disrupted shoulder kinematics - Snapping scapula and abnormal scapulothoracic articulation	<i>Birgitte Hougs Kjær Researcher, PhD, PT, Bispebjerg Frederiksberg Hospital</i>
10.30-10.45	What treatments do we offer patients with scapula alatae in Denmark	<i>Kirstine Lyngsøe Hvidbjerg PT, MSc. stud. Viborg Regional Hospital</i>
10.45-11.00	The lived experiences of patients with scapula alata - Results from a qualitative study	<i>Kirstine Lyngsøe Hvidbjerg</i>
11.00-11.25	Scapula alatae – How we treat patients in Rigshospitalet	<i>Janne Gadsbøll &amp; Nina Kühnell Hansen, PT Rigshospitalet Glostrup</i>
11.30-11.45	<b><i>Short break</i></b>	
11.45-12.30	<b>Proximal Humerus Fractures</b>	<b>Chair</b> <b><i>Helle K. Østergaard</i></b>
	Do patients with proximal humerus fractures need supervised rehabilitation? A randomized controlled trial	<i>Behnam Liaghat Assoc.Prof., PhD, PT, University of Southern</i>
	Perspectives on conservatively management of proximal humerus fracture	<i>Helle K. Østergaard Researcher, PhD, PT Viborg Regional Hospital</i>
12.30-13:30	<b><i>Lunch in the exhibition</i></b>	
	<b>Rotator Cuff</b>	<b>Chair</b> <b><i>Helle K. Østergaard</i></b>
13.30-14.00	Postoperative rehabilitation after surgical rotator cuff repair	<i>Birgitte Hougs Kjær</i>
	<b>Advanced practice PT in shoulder clinics across Denmark</b>	<b>Chair</b> <b><i>Helle K. Østergaard</i></b>
14.00-14.15	Advanced practice PT in the shoulder outpatient clinic in Vejle <ul style="list-style-type: none"> <li>• How it started</li> <li>• Where are we now</li> </ul>	<i>Sven Lausen, PT Lillebælt Hospital Vejle</i>
14.15-14.45	Practical demonstration of shoulder examination	<i>Sven Lausen &amp; Gitte Tirsgaard, PT Lillebælt Hospital Vejle</i>
14.45-15.15	Quality in clinical practice and research perspectives <ul style="list-style-type: none"> <li>• Study results from the shoulder outpatient clinic in Silkeborg</li> <li>• Evaluation of quality of using advanced practice physiotherapists - from a professional, organizational, and patient perspective</li> <li>• Insight into planned future research</li> </ul>	<i>Merete Nørgaard Madsen Post.doc, Ph.d, PT, Silkeborg Regional Hospital</i>
15.15-15.30	Discussions	
15.30-16.00	<b><i>Coffee and exhibition</i></b>	

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	<b>Frozen shoulder</b>	<i>Chair Birgitte Hougs Kjær</i>
16.00-16.45	Diagnostic Enigma and Rehabilitation Framework <ul style="list-style-type: none"><li>• Complexities of the diagnostic framework and the predisposing factors for early-stage frozen shoulder</li><li>• Classification system based on irritability levels for patient profiling, evidence-based treatment strategies and future research directions</li></ul>	<i>Fabrizio Brindisino PT OMPT PhDc Contract Prof, University of Molise</i>
	<b>Goodbye!</b>	